

Jinah Kim

Music therapy research in child development: Clinical Outcome Studies (아동발달분야에서의 음악치료 연구: 임상효과연구 중심으로)

Abstract

In this presentation, I am going to talk about the importance of evidence-based practice in music therapy, and as part of evidence-based practice, I like to introduce clinical outcome studies.

In doing so, I will introduce how I have become interested in conducting clinical outcome studies in terms of my own background as music therapist, teacher and researcher, and then talk about my two clinical outcome studies in the field of atypical child development. It may interest some music therapists working primarily within the psychodynamic framework since my own issues in conducting clinical outcome studies have been on whether interpersonal aspects of musical and non-musical interaction between the therapist and the child can be quantifiable.

The first study deals with young children with clear diagnoses of autism (3-5 years old) and looks at joint attention and affective sharing behaviors of these children in improvisational music therapy compared with toy play sessions. The findings of this study will be illustrated and discussed together with video materials.

The second study is currently on-going three year KRF (Korean Research Foundation) funded research on children who are exposed to childhood abuse and neglect and absolute poverty. This study has 4 stages: Large survey on children living in deprived neighborhood in Jeonlabukdo, South Korea; Pilot study on 4 children; 1st group music therapy intervention vs. waiting group; 2nd group music therapy intervention. We have completed 1st group music therapy intervention, and waiting for 2nd intervention period. The process and findings will be described and discussed.

In this presentation, you are going to see my own journey as clinician and researcher through both my past and current researches in the field of atypical child development.

